



WE CAN'T WAIT TO HAVE YOU JOIN OUR MAGIC CITY ALL STAR FAMILY!

We are a family owned and operated facility with two locations in Birmingham and Pike Road. Since we began our all star cheerleading program 11 years ago in Birmingham and 2 years ago in Pike Road, we have enjoyed increasing success as well as growth in the number of athletes each passing year! In our all star program we take pride in our ability to focus on specific attention to everyone. We teach our athletes to excel in all aspects of cheerleading. We strongly believe that success originates from the dedication and commitment of our athletes and parents. We encourage positive attitudes and respectful behavior among our athletes. Our goal is to develop the best squads possible, as well as instill qualities and values that last a lifetime. We look forward to welcoming your family to ours!

TRYOUT INFORMATION / TEAM SELECTION

TRYOUT DAYS/INFO:

Cost per athlete –

- \$35 for returning athletes.
- \$80 for new athletes.

All athletes must register online for tryouts. Each level will have a different class listing on our website for registration. Tryouts at Magic City are essentially low-stress workouts. During the tryouts, athletes show skills they have developed and demonstrate a potential to learn new skills. Athletes are given numerous opportunities to show skills over a couple of days. This also gives athletes and our coaching staff time to get acquainted with one another.

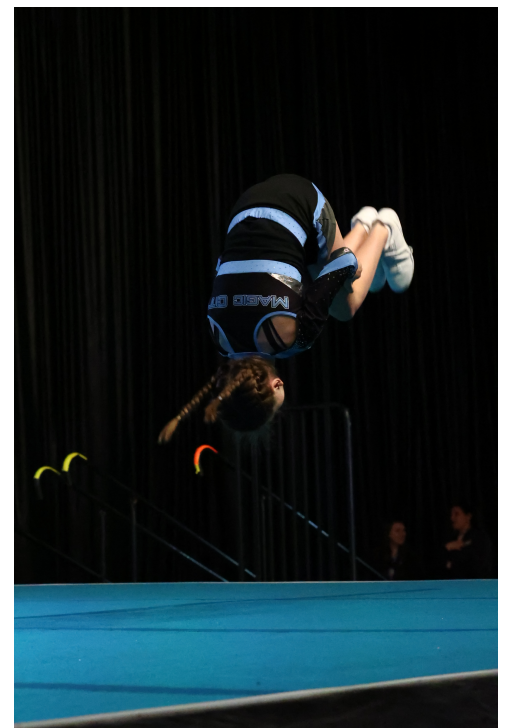
Tryouts will be held over a span of three days.

Please see skill grid below to determine which level your athlete will be trying out for and register online for the tryout level accordingly. If you have any questions about which level your athlete should be trying out for, please ask Coach Lauren L. and she'll be happy to help guide you.

Day 1: Tumbling

Day 2: level appropriate Stunting/ Flyer body positions

Day 3: level appropriate stunting, introduce elite level stunting



TEAM SELECTION

After the final tryout session, the staff assembles rosters for the upcoming season. There are many things considered when placing athletes and forming teams. Athlete individual skills, experience, age and what would form the most competitive and successful team. After rosters are set, athletes (or parents) are contacted by email to let them know the results of tryouts by Sunday evening May 21st. Team Packets will be due Wednesday May 24th. Once your packet is turned in, you're fully committed for the 2023-2024 season.

DAY 1 Thursday, May 18th:

LEVEL 1	4:00pm - 5:00pm
LEVEL 2	5:30pm – 6:30pm
LEVEL 3 and 4	7:00pm – 8:00pm

DAY 2 Saturday, May 20th:

LEVEL 1	1:00pm- 2:30pm
LEVEL 2	3:30pm – 5:00pm
LEVEL 3 and 4	6:00pm – 7:30pm

DAY 3 Sunday, May 21st:

LEVEL 1	1:00pm-2:30pm
LEVEL 2	3:30pm-5:00pm
LEVEL 3 and 4	6:00pm- 7:30pm

SKILLS GRID

Athletes trying out for level 2 and 3, will need to have all standing and running tumbling skills listed below to tryout for the desired level. If your athlete has some skills but not all listed in the desired level we ask that you tryout for the level below. If a higher level team is in need of an additional athlete with strong stunting abilities, they may be asked to try out for a higher level than their current tumbling skills, however, this is the exception. Our goal is teams with 100% tumbling by all athletes. Athletes will NOT be held back regardless of what level team they do! We have athletes that have higher level tumbling skills than their competition level every single season and they continue to progress and advance in their tumbling throughout the season. We want to set our teams up for success and stacking our teams with elite level appropriate tumbling skills plays a big role in that and allows athletes to work on strengthening their skills. Our level 1 team will have the goal of all athletes having the listed skills below before November.

	STANDING TUMBLING	RUNNING TUMBLING
LEVEL 1	<ul style="list-style-type: none">- BACK WALKOVER / BACK WALKOVER SERIES- BACK BEND	<ul style="list-style-type: none">- CARTWHEEL BACK WALKOVER- ROUND OFF

<p>LEVEL 2</p>	<ul style="list-style-type: none"> - BACKHANDSPRING - T-JUMP BACK HANDSPRING - BACK WALK OVER BACK HANDSPRING WITH STRAIGHT LEGS 	<ul style="list-style-type: none"> - ROUND OFF BACK HANDSPRING SERIES WITH STRAIGHT LEGS - FRONT WALK OVER ROUND OFF BACK HANDSPRING
<p>LEVEL 3</p>	<ul style="list-style-type: none"> - BACK HANDSPRING STEPIN BACK HANDSPRING BACK HANDSPRING - JUMP TO BACK HANDSPRING BACK HANDSPRING STEPOUT 	<ul style="list-style-type: none"> - FRONT WALKOVER ROUND OFF BACK HANDSPRING TUCK - FRONT WALK OVER ROUND OFF TUCK
<p>LEVEL 4</p>	<ul style="list-style-type: none"> - STANDING TUCK - BHS TUCK - BHS SERIES TO TUCK - CARTWHEEL TUCK - JUMP BHS TUCK 	<ul style="list-style-type: none"> - ROUND OFF BHS LAYOUT - PUNCH FRONT THROUGH TO LAYOUT/ TUCK - THROUGH TO LAYOUT/ TUCK - ROUND OFF WHIP TUCK/ LAYOUT - FRONT HANSPRING FRONT THROUGH TO LAYOUT/ TUCK

EXPENSE INFORMATION

All Star Tuition (monthly fee):

\$350 monthly June - August.

\$285 monthly September - May.

Uniform (one-time fee):

\$350-\$400

- We will be using a new uniform this season, so all athletes will need to buy a uniform.

Bow (one-time fee):

\$35

Two practice tanks and two practice wear bottoms (one-time fee):

\$125-\$150

- We will be using new practice wear this season, so all athletes will need to buy practice tanks and bottoms.

USASF athlete registration fee (one-time fee):

\$49

Team Mom fee (one-time fee):

\$50

- This will be collected by team moms in September or October and will be used towards a number of things for your athlete. Some examples of what it COULD include are Magic City t-shirts, Magic City beach towels, team bonding activities, etc.



UNIFORM FITTINGS

Magic City will host a uniform fitting during the summer. A specific date will be determined after evaluations.

Uniform fitting date will be communicated by our Rebel Rep as the date approaches.

New this season: practice wear will be sized for on Tuesday, May 23. Payment will be due at the time of fitting on Tuesday, May 23. Your athlete will receive practice wear by July 1st.

Any parent/guardian going against the judgement/advice of our Rebel Athletics rep during sizing of apparel/uniforms will NOT be allowed to exchange poorly fitted garments once received. Replacements will be available at full cost. Additionally, athletes will be required to purchase new garments that do not fit due to size fluctuations. Exchanges will not be available for any garment or uniform that has been worn.

UNIFORM PAYMENT OPTIONS:

Payment for new uniform, bow and USASF fee will be due mid-summer.

MONTHLY ALL STAR TUITION PAYMENT OPTIONS:

Please choose from one of the following payment plans listed below. **Please circle the plan you are selecting.**

Payment Option 1:

- Pay \$350 during June - August
- Pay \$285 during the remainder of the season (September 2023 - May 2024)
- Form of payment accepted with Option 1: Debit/credit card on file.

Payment Option 2:

- Pay in full by June 1, 2023
- If you pay for the full season upfront you will receive a discount of \$150.
- Full amount due by June 1 with discount included— \$3,615.
- Form of payment accepted with Option 2: Check or Cash

CHOREOGRAPHY

Every member of each team is required to attend choreography camps throughout the summer. Choreography is essential to our athletes so we can see what they are capable of in a routine setting as well letting the team form bonds. Attendance is mandatory and important. In order to receive the best material from our choreographer every member has to be there. Please plan vacations in the summer accordingly. If athlete does not attend choreography this puts their position on the team in jeopardy.

Choreography camp 1 :

One week in June: June 19th- June 23rd

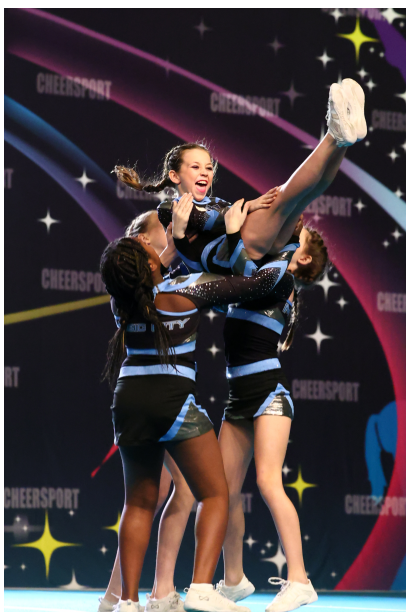
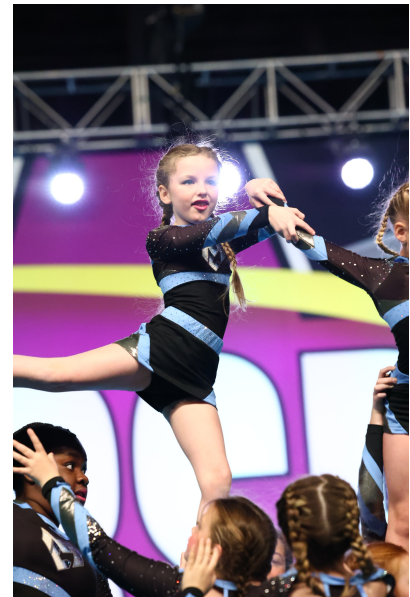
Choreography camp 2:

Two weeks in July: Sunday, July 9th – 21st (not Saturday July 15 or Sunday July 16). Please note, we are aware that many of our athletes will be attending Summer Showoffs the week of July 10-14, and we will plan the team practice times on this week accordingly. :) Please let us know if your child will be attending summer showoffs this week.

TEAM PRACTICES

Practice attendance is absolutely mandatory and compliance with the attendance policy will be strictly enforced. An athlete's team position will be jeopardized for non-compliance with any of the attendance policies.

Each team will practice twice a week for 1.5 - 2 hours each practice. Both practices will be held during the week. Teams with multiple school cheerleaders on the team (Junior or Senior teams) may temporarily move one practice to Sunday afternoons during basketball season (November-mid February), if necessary. Summer practices will start the first week of June. Parent viewing area will be open for parents to watch during their athlete's practice. Each team will have a designated primary coach along with the all star director to help relay any important

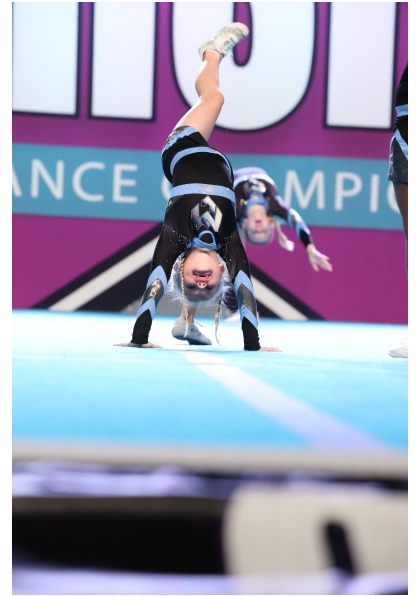


information to parents during the season. Teammates are expected to treat one another with mutual respect. We do not tolerate pettiness, gossiping or cliques, which attempt to exclude or alienate certain members. Back talk, rolling of eyes and any other disrespect for instructors or teammates is unacceptable. A problem between a student and staff member will first be addressed between student and coach/director. If not solved, a parent will be notified of the problem or infraction of the rules and will be expected to assist the instructor in solving the problem. We will handle any disciplinary problems privately and professionally.

Summer Session Practices

- The “**summer session**” practices begin in June and end at the end of July.

- Summer session includes one (1) weekly two hour practice and one (1) weekly hour long tumbling class. Total hours at the gym during the summer is three (3) hours per week.
- Tumbling class will be a team tumbling class and must be taken at that given time. We will work on routine/group tumbling timing as well as strengthening and gaining individual tumbling skills during the hour class.



- Practices will be scheduled Monday – Thursday only during summer session. No weekend practices during summer. Please note, as noted above in the choreography section, we may or may not have choreography start on Sunday, July 9, depending on the choreographer’s schedule. This would be the only weekend time your athlete could possibly be required to be at the gym.

Competition season practices

- The “**competition season**” begins in August and ends in May.
- Competition season for mini, youth and junior team athletes includes two (2) weekly practices and one (1) weekly tumbling class. Your tumbling class will be scheduled right before or right after one of your two weekly practices. Each practice will be between 1.5 to 2 hours, depending on the team’s age and needs. Total number of hours spent at the gym will be four (4) to five (5) hours per week. This schedule will be set in June.

- Competition season for senior team athletes includes one (1) weekly practice, (1) weekly reserved stunt time and one (1) weekly tumbling class. The weekly tumbling class and weekly reserved stunt time will be on the same day, and will offer our older athletes more flexibility in their schedule, especially for school cheerleaders. The reserved stunt time will be the same set time each week. Coaches will practice plan to determine which stunt groups need to attend the reserved stunt time. We will sometimes require all stunt groups to attend the reserved stunt time and other times we will only require specific stunt groups who need additional time to work to attend. If you have any questions on how this may work with your athlete's schedule, please talk with Coach Lauren L and she'll be happy to answer your questions. The weekly practice will be between 2 to 2.5 hours. The reserved stunt time will be between 45 minutes to 1.5 hours, depending on the team's needs. The total number of hours spent at the gym will be three (3) to five (5) hours per week, depending on reserved stunt time practice needs. This schedule will be set in June.
- Tumbling class will be a team tumbling class and must be taken at the given time. We will work on routine/group tumbling timing as well as strengthening and gaining individual tumbling skills during the hour class. Team tumbling will be right before or right after team practice, allowing families to only come to the gym twice a week instead of three times a week.
- Practices will be scheduled Monday – Thursday. Teams with multiple school cheerleaders on the team may temporarily move one practice to Sunday afternoons during basketball season (November-mid February), if necessary. We avoid Wednesday night practices for our Junior and Senior level teams to allow athletes to attend youth group.



- If an athlete is absent from practice for any reason, whether excused or unexcused, he or she is responsible for learning all routine changes made prior to the next practice.
- Although not likely, practices may be changed or added at any time throughout the season.



TEAM ABSENCE ALLOWANCE AND PROTOCOL

Team Absence Allowance and Protocol

- Athletes are only allowed three (3) total absences (excused or unexcused) during the Summer Session and three (3) unexcused absences during Competition Season.

- After you have reached the maximum number of absences, in either session, a mandatory meeting with your All Star Director will be set. In addition, after maximum number of absences is exceeded, parents will be billed an additional \$50 per absence.

- When athletes reach the maximum number of absences, he/she may be placed as an alternate, removed from choreography and/or removed entirely from team. If you are removed from the team due to absences, you are still required to pay the buyout fee.

- Unexcused absences are NEVER allowed the week prior to a competition. If an athlete is absent, he/she may be removed from the routine for that event. This is at the sole discretion of the Owner and All Star Director.

- If a parent chooses to withdraw an athlete from a competition, for any reason, there will be a \$250.00 missed competition fee charged to your account.

- In addition, missing a competition will result in immediate dismissal from the program. This is at the sole discretion of the Owner and All Star Director. If you are removed from the team due to absences, you are still required to pay the buyout fee. Every athlete on each team plays a vital role in the required number of stunts and tumbling passes that must be performed in a routine in order for a team to place well. Unlike other sports, if one athlete is not in attendance, that team is not able to perform at their maximum abilities,



thus decreasing the team's scores and placements in the competition. We will send out the final competition schedule in August, so every family will have multiple months to plan for the competitions within their family schedule.

Absences Defined

Excused Absences

Absences that will be accepted throughout the 2023-2024 season.

- School functions that result in a grade. (Proof will be required)
- Required official school cheerleading and sporting events. (Schedules will need to be provided at the beginning of every month.)
- Excessive school absences or extracurricular activity absences may alter an athlete's routine position.

Unexcused Absences

Absences that do not meet the above allowances that are unexcused and will remain at the sole discretion of the All Star Director. Please be prepared to show documentation from a teacher or coach outside of Magic City. Examples include:

- **Academics:** Academics are a high priority and Magic City stresses the importance. Athletes can not miss practice because they have to study for a test. This will help them prioritize schoolwork ahead and after practice with proper time management.

- **Extra-Curricular Activities and Jobs:** Extracurricular activities and jobs need to be scheduled around the commitment to Magic City.
- **Church:** Church is an understood priority at Magic City and with many of our families; however, absences related to youth groups, retreats, etc., are unexcused.
- **No Show absence:** If an athlete or parent fails to communicate that they will not be in attendance on a practice day that will be classified as unexcused. There needs to be a form of communication stating why the athlete will not be in attendance via email.

Absences Defined (continued)

Illness, Injury and Unexpected Family Emergency: Magic City understands that an unexpected absence may occur due to an Illness, Injury, or Family Emergency.

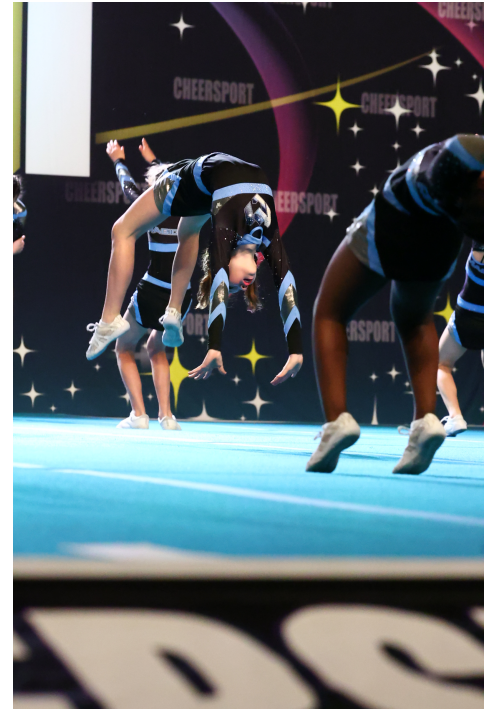
Please see guidelines below:

Illness: Athletes are expected to be at practice unless they have a fever, as fever can mean that an athlete is contagious, or the athlete is throwing up. Practice participation will be situation-based and at the coach's discretion. A doctor's note listing the treatment and length of recovery should be sent to the All star Director via email. If a note is not presented it will be considered unexcused.

Injury: In the event that an athlete is injured, you should notify your coach immediately. Please provide a doctor's note with information details

concerning the prognosis, recovery time and any change in circumstance affecting their ability to perform.

- We will re-choreograph routines based on the athlete's injury and length of recovery. It is not guaranteed that an athlete will be choreographed back into the same spot of the routine upon recovery.
- Injured athletes must continue with payment in full.
- Injured athletes are expected to attend all practices and competitions. This allows them to learn any new material that the team learns at practice, so that they are ready to jump back in the routine once their injury is healed. With this being a team sport, all athletes are required to go to competition, even if they are hurt. Injured athletes will go to warmups with their team to cheer them on and will sit by their coaches during the performance to cheer on their team.



Unexpected/Family Emergency: Contact your All Star Director, team coach/ team rep ASAP. We will never require proof of a family emergency, but we do expect our athletes as well as parents to be honest when communicating something this severe.



GYM CLOSURES

The following holidays are available for vacations throughout the 2023-2024 calendar year.

Memorial Day (May 29 - June 4)

July 4 Break (June 30 - July 4)

Summer break (August 2 - August 5)

Labor Day (September 1 - September 4)

Halloween (October 31)

Thanksgiving (November 19 - November 25)

Christmas, Hanukkah and New Year (December 18 - January 3)

Spring Break (March 24 - March 30)

COMPETITIONS

- Every team will go to 5 competitions. The competition schedule will be released August 2023. Teams will also have a Showcase performance in either Birmingham or Montgomery in the fall.
- The first competition will always be a short/drivable (within 2 hours) competition in December. An example is a competition in Birmingham, AL or Atlanta, GA.



- No team will do more than 3 competitions that are farther than a 3 hour drive in one season.

- A typical competition season COULD look like:
 - o Short/drivable competition in December in Birmingham, AL.
 - o Short/drivable competition in January in Atlanta, GA.
 - o Further drive competition in February in Nashville, TN.
 - o Further drive competition in March in Destin Beach, FL.
 - o End of the season competition in May Orlando, FL.



THINGS TO KNOW

Please read thoroughly, we understand as a gym that athletes of all skill levels face challenges, but we want them to be able to overcome and conquer them. A lesson they will take with them through life.

We believe in perfection before progression. We will not allow athletes to learn advanced tumbling skills before perfecting their basics. If parents and athletes cannot be patient and do not have a clear understanding of our teaching

methods, they should reconsider being apart of the all star program at Magic City. **Proper Technique is everything!** Only perfected skills will be choreographed in a Magic City routine. Parents are not allowed to spot their children on Magic City property. Absolutely NO unsupervised tumbling! An instructor must be present at all times.

Athletes selected as flyers must maintain flexibility and skill requirements. Selected flyers unable to meet the level requirements must learn to base, everyone cannot be a flyer. In addition, mandatory tumbling private lessons or flexibility private lessons will be required for athletes who do not maintain the level skill requirements, and the cost of those privates are NOT included in monthly tuition. Tuition does not pay for the right to perform. Individuals must meet the level skill requirements in order to compete. Mandatory tumbling will be assigned as



needed. Students can be moved to another position if they do not maintain the skill requirements. This is at the all star director's sole discretion.

If athletes need additional strength training or flexibility, they may be required to turn in short 10 minute workouts through an app. Information on the app will be discussed at the parent meeting. The workout homework will allow athletes to grow stronger in order to accomplish the skills

needed for their team.

Magic City reserves the right to change a team's division and level at any time throughout the season. The owners have complete discretion when deciding the



end of the year events regardless of bid status. Paid bids will be allocated to the athletes who take the floor at the final event regardless of your participation when the bid was earned. Paid bid allocation is solely for the number of athletes

on the floor for the final event. It does not include alternates or injured athletes. Athletes are expected to fulfill the contractual season by attending all end of the year events.

Some of the competitions will require a hotel stay. The cost of your hotel is NOT included in your monthly fees. Families will need to book their own hotel room. Hotel payments will NOT go through Magic City.

One or two of the competitions will be one day events. Two or three of the competitions will be two-day events.

Athletes will face a two-week probation if they do not maintain skills, after the two weeks if they have successfully regained their skills, they will remain on their team. If an athlete does not gain skills back after probation period, they will either be moved to a different role in the routine, be moved down a level or be removed from our program. Only one probation period is allowed per athlete during the season. This is at the sole discretion of the All Star Director and Coach. Many factors go into this decision, and our coaches will make the decision that is best for both the team as a whole, as well as the individual athlete.



BUYOUT FEE

Magic City All Stars is a 12-month commitment. The season will begin June 5, 2023, and end May 24, 2024. If at any point during the season you decide that you no longer want to compete with Magic City All Stars, a meeting must occur with the athlete and Coach. All payments must be made for any outstanding uniforms and practice wear that has been purchased. A “buyout” of \$1,500 will also be charged to your account regardless of when you quit. If you decide for any reason to leave the squad, you also will be responsible for all uniforms and items we have already purchased for you. The buyout fee is to cover all competition and registration fees. The moment you turn in your team packet you are officially committed to Magic City All Stars. Leaving the team mid season extremely impedes the success of their team and means weeks of re-choreographing the routine, which means their team is working at a stagnate pace rather than being able to work on continuing to improve. Because of this, we ask that you strongly reconsider finishing out the season and your commitment to your team until the last competition is complete!!

COMMITMENT TO EXCELLENCE

As the parent/guardian and athlete, we have read and completely understand the rules, requirements and regulations as outlined in our MC team packet. We promise to uphold and abide by the rules set forth herein and contractually enter into the agreement that we are committing to be a Magic City All Star for the full 2023-2024 competitive season.

I have read and understand our 2023-2024 team packet and attendance addendum. I have also read the Financial Policies and Procedures here and online. I understand that it is my responsibility, as a parent/guardian, to follow through with my child's financial obligations associated with tuition and other fees during the 2023-2024 competition season. Should I fall behind or fail to make payments, I recognize that my child's involvement with the MC All Stars program will be jeopardized. I also understand that if my athlete quits or is released from one of MC All Star teams, at any point throughout the season, I will be financially responsible for the buyout fee, including uniforms and other gear that was ordered for my child. I understand that these fees are expected to be paid in accordance with the assigned monthly schedule.

Please sign below and turn into Coach by May 24, 2023. Please make a copy of the above team packet to keep for your records.

Athlete Name

Parent/Guardian Name

Athlete Signature Date

Parent/Guardian Signature Date
