

# MAGIC CITY ALL STARS

## 2025-2026



We believe in proper technique, continual athlete development, and building athletes into confident, determined, and strong individuals. This is why all of our team's tuition includes their weekly team tumbling class with the same 4:1 athlete to coach ratio as our recreational classes. And is why we believe proper stunt development is an absolute must. Our growth mindset includes exposing athletes to multiple levels of competition, which is why we always attend 3 to 4 large national competitions a year where they compete against multiple teams in stacked divisions. This helps further fuel our athletes desire to improve and thrive in their sport, while also building their confidence! Come join our MC Family and see the difference!



# KEY notes:



## **Tryout Dates:**

**Thursday, May 15 - Sunday, May 18**



**Middle school or high school cheerleader? We work with your schedule to make doing all star teams and school cheer work together! : ) We have multiple athletes who do both!**



**Number of Competitions - 4-5 spread out throughout the year! First one is typically in December and the last one is late April or early May.**



**The season will be a 12 month commitment. We follow a school schedule for all major holiday's so competition and team practices will not interfere with life much more than your regular tumbling class does now.**



## **Summer practices:**

- 1. 1/week in June & July between the hours of 4:00PM-8:00PM one day Monday-Thursday**
- 2. 1 choreography camp at the end of July. Official choreography camp dates to put on your calendar and plan vacations around: July 25-August 5, 2025.**



## **Fall practices:**

- 1. Tiny/Mini/Youth Teams - 2/week Monday-Thursday between the hours of 4:00-7:00PM**
- 2. Junior or Senior teams - 2/week Monday-Thursday between the hours of 5:30-8:00PM - If you athlete's team has teammates that cheer for middle school or high school, they will move ONE weekday practice to Sunday afternoons during basketball season (November-February)**

Initials: \_\_\_\_\_



# Team Placements

Athletes aged 5-18 are able to join our all star program. Each all star team will be determined by an assessment of athletes age, tumbling skill level, stunting skill level, choreography, and team cohesion. All athletes will attend all 4 days of evaluations!

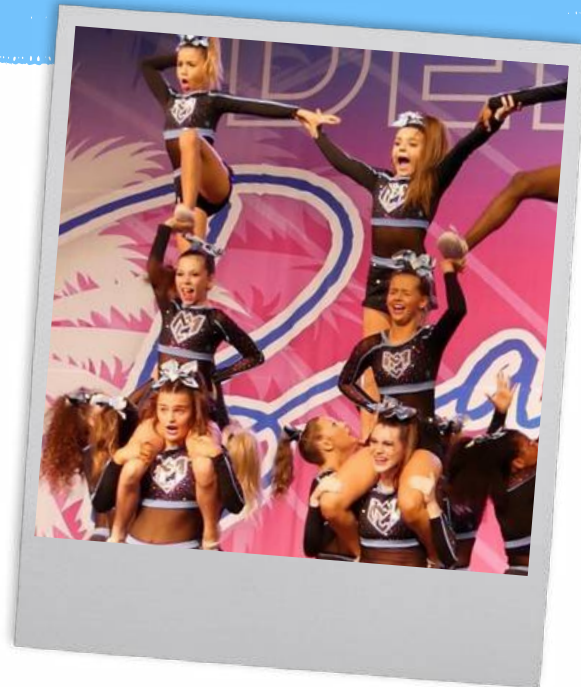
Registration: Athletes must be registered for evaluations online by **Monday, May 12th**. There will be a registration fee of \$85 which will be waived and applied to your first payment if a signed contract is turned in by May 12th. Your athlete will register for the evaluation class listing that matches their age range.



## Evaluation dates:

\*Athletes should wear all black athletic clothing, cheer/tennis shoes, with hair in a ponytail. Please bring a water bottle!

|                  |             |
|------------------|-------------|
| Thursday, May 15 | Tumbling    |
| Friday, May 16   | Stunt Day 1 |
| Saturday, May 17 | Stunt Day 2 |
| Sunday, May 18   | MC DAY!     |



## Thursday, May 15 Tumbling

4:00-5:00 Birth year 2016-2019

5:30-6:30 Birth year 2013-2015

7:00-8:00 Birth year 2012-2006

You will receive an email Thursday night by 9:30PM with your evaluation times for Friday. And another email on Friday with your evaluation times for Saturday.



Initials: \_\_\_\_\_

# SKILLS GRID

Tumbling/stunting is not required but will be acknowledged in determining teams.

**LEVEL  
1**

## TUMBLING

Forward roll. Cartwheel.  
Backbend. Backward roll,  
Backbend kick over.  
Cartwheel back walkover.  
Double back walkover. Front  
walkover. Front walkover  
cartwheel back walkover  
switch leg.

## STUNTING

1/4 Twist to prep. Cradle  
from prep. Tic toe at belly to  
body position . Prep level lib  
& body positions. Tic toe  
from belly to prep. Tic toe at  
prep to body position.

**LEVEL  
2**

Back handspring. Back  
handspring step out. Round  
off back handspring. Back  
walkover back handspring.  
Fly spring. Cartwheel back  
handspring. Front walkover  
round off back handspring.  
Round off double back  
handspring.

All body positions at prep.  
1/2 twist to prep body  
position. 1/2 twist to  
extension. Cradle from  
extension. Inversion to prep  
body position. Straight ride  
basket. Tic toe to prep body  
position. Switch up to prep  
body position.

**LEVEL  
3**

Triple back handspring. Back  
handspring step in back  
handspring. Round off back  
handspring tuck. Punch front  
pause round off tuck. Front  
walkover ariel. Round off  
double back handspring tuck.  
Toe touch double back  
handspring.

All body positions at  
extension. Full up to  
extension. Full up to prep  
body position. Switch up to  
prep body position. Full down  
from extension. Inversion to  
extension body position. Tic  
toc to body position. Full  
twisting basket.

**LEVEL  
4**

Standing tuck. Round off  
back handspring layout. Toe  
touch back handspring tuck.  
Back walkover tuck. Punch  
front step out round off back  
handspring tuck. Round off  
whip tuck. Front walkover  
round off back handspring  
layout.

Full up to extension lib.  
Double down from prep.  
High to high full twist. Ball  
up to extension body  
position. Full twisting  
inversion to extension. Kick  
full basket. Back handspring  
up to extension. 1 1/2 twist  
to prep body position.

Initials: \_\_\_\_\_



# Time commitment:

We value our athletes being able to spend time with family, excel in school, and participate in both all star and school cheer. We plan our schedule in advance and do not change it unless absolutely necessary. In past seasons, we have only had to add one extra practice for a team due to an unforeseen circumstance and we are extremely proud of it. : ).



## SUMMER PRACTICE

- All teams will have practice 1 day a week for 2 & 1/2 - 4 hours during the months of June and July. This will include a 1 hour team tumbling class.
- All teams will be required to attend a MANDATORY choreography and skills camp between the dates of July 25th - August 5th. Specific dates & times will be given out for individual teams after team placements are made.

## SCHOOL YEAR PRACTICE

- All teams will have practice 2 days a week for 2 & 1/2 - 3 hours during the months of August - May. This will include a 1 hour team tumbling class.
- Athletes that participate in middle or high school cheerleading may be excused for cheer events only if we have received a schedule of events prior.
- If needed, teams that include middle or high school cheerleaders may temporarily move one of their weekly practice days to Sunday during the months of November - February to accommodate for basketball cheer season.
- ALL athletes will be allowed 3 unexcused absences during the season.



Initials: \_\_\_\_\_

# Expense

## INFORMATION

**\$85**

Tryout fee (Will go towards  
Choreography 1 payment if signed  
contract is turned in by May 12)

**\$295/  
Month**

**Tuition June-May**

**\$150 /  
May**

**Choreography 1**

**\$100 /  
June**

**Choreography 2**

**Est. \$375-\$415/  
Summer**

**Uniform - new  
athletes only**

**\$100 /  
August**

**Choreography 3**

**Est. \$170 /  
Summer**

**Practice wear**

**\$35 /  
September**

**Bow**

**\$50 /  
September**

**Team mom fee**

**\$50 /  
Fall**

**USASF (if needed based  
on competition schedule)**

**All costs are included in this document. We will not require you to pay for  
any additional items not listed in this document!**

**Initials: \_\_\_\_\_**

# **We can't wait to have you join the MC Family!**

**Get ready to watch your athlete develop strong friendships, build strength and coordination, and take their skills to a whole other level that can only be accomplished by doing teams!!!**

**Have a question? Please do not hesitate to ask us questions! We are here to provide you with honest answers to make sure teams is the best fit for your athlete. :)**

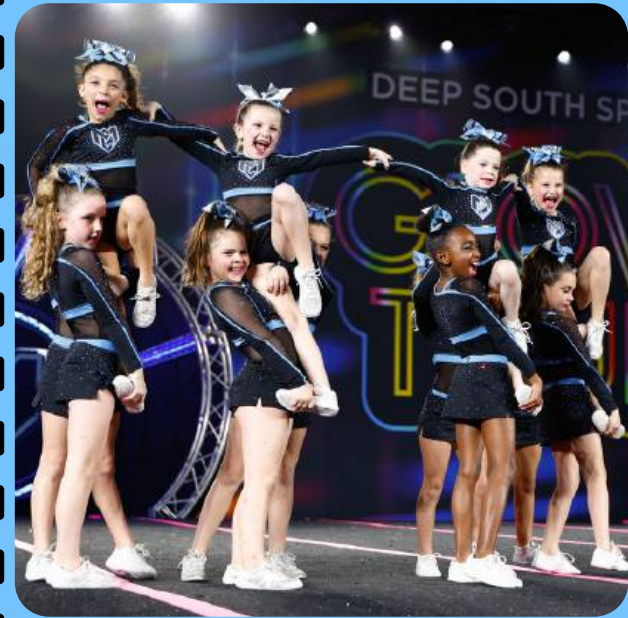
Initials:\_\_\_\_\_



# CHOREOGRAPHY CAMP

Dates: July 25-August 5

Choreography camp is mandatory and is crucial in establishing a strong foundation for the season! At camp, we will drill the stunts that we will use in our routine and make sure every athlete is in the best stunt position to fit their strengths. Also, our choreographer will fly into town to choreograph the entire routine that we will use for the full season. Specific times for your team's choreography will be announced in June.



## School Cheer & All Stars

Concerned about your athlete doing both school cheer and all stars? Please come talk to Coach Lauren about your concerns! At MC, we want all of our athletes to be able to do both and we work hard to make sure we can make it work for your athlete! We have multiple athletes who successfully do both every year and we will be more than happy to share with you all the things we do to ensure that happens and can gladly introduce you to other parents of athlete who do both to help alleviate your concerns. Coach Lauren's daughter also does both, so she understands from a coach and mother perspective of how it all works together to make your athlete even stronger!



Initials: \_\_\_\_\_





# Competitions

We will attend 4-5 competitions spread out over the months of December - May. We set our competition schedule by the end of Summer at the latest. Once it is set we stick to it! We DO NOT change our competition schedule mid-season, so your family can make plans around the competition schedule accordingly for the full year. Typically the first competition is in December and is a short (2 hours or less) distance away, such as Birmingham or Atlanta. The last competition is in late April or early May. Competition locations in the past have included: Birmingham, Atlanta, Biloxi, Nashville, Destin, Orlando. Competitions will either be one day events or a 2 day events that requires a hotel room. You are NOT required to stay at a specific hotel. We know everyone has different preferences or hotel points with different chains, so we want everyone to have the freedom to make the choice that best fits their family.

To kickoff the season, we will hold a showcase at our gym in October or November where all family and friends are invited to come watch our teams perform. This showcase also allows our athletes to get out any performance jitters prior to heading to our first competition.



## What are competitions like?

They are exciting, loud and full of energy! Every team has ONE shot at performing their routine and the goal is to hit every aspect of the routine as pristine as possible. That means all stunts stay in the air and all tumbling lands. We highly encourage our athletes to come watch and cheer on the other MC teams, because the bigger the MC crowd cheering for them, the better they will perform! At MC, we expect every parent, sibling and friend in attendance to scream loud the entire routine. : ) Don't worry...we'll teach you exactly what to do.

Initials: \_\_\_\_\_

# A typical competition season COULD look like:

- ⚡ Showcase in November at our gym in Pike Road
- ⚡ A short drive competition in December in Birmingham, AL
- ⚡ A short drive competition in January in Atlanta, GA
- ⚡ A further drive competition in February in Biloxi, MS
- ⚡ A further drive competition in March in Destin, FL
- ⚡ End of season competition in late April/early May in Orland, FL or Nashville, TN



## Gym Closures

Memorial Day and Summer Break (May 24 - June 1)

July 4th Break (July 3 - July 6)

August 11 - Competition Season Schedule begins

Labor Day (September 1)

Thanksgiving (November 24 - November 29)

Christmas, Hanukkah and New Year (December 22 - January 3)

Spring Break (March 16 - March 20)\*

If your athlete's spring break is scheduled for a different week than MC observes (March 16-March 20), we will excuse your athlete to miss practice during their spring break dates if they are traveling. If your athlete is staying home during their spring break dates then we do ask for them to come to practice with their team.

Initials: \_\_\_\_\_



## *New Athletes*

We will be using the same uniform as last season. New athletes will either need to buy a new uniform or if you would like to purchase a used uniform from an athlete on teams from 2024-2025, parents can coordinate with each other to do so on their own terms.



## *Returning Athletes*

We will be using the same uniform as last season. Returning athletes do not need to buy a new uniform unless their current one will not fit throughout the 2025-2026 season. Please note, all athletes on a senior team will need a new uniform top. If you would like to purchase a used uniform from an athlete on teams from 2024-2025, parents can coordinate with each other to do so on their own terms.

Initials: \_\_\_\_\_



# POLICIES AND PROCEDURES

## TEAM SELECTION

After the final tryout session, the staff assembles rosters for the upcoming season. There are many things considered when placing athletes and forming teams. Athlete individual skills, experience, age and what would form the most competitive and successful team. After rosters are set, athletes (or parents) are contacted by email to let them know the results of tryouts by Saturday evening May 17th. Athletes who turned in their signed team packets by May 12 will have their \$85 evaluation fee waived and applied to your first payment. All remaining signed packets will be due by Wednesday May 21st. Once your packet is turned in, you're fully committed for the 2025-2026 season.

## FLYER SELECTION

Each team will have designated athletes selected to be in a flyer position on their team and the decisions will be at the sole discretion of the all star director. Emphasis will be placed on athletes with extreme body control, flexibility, balance, and the ability to hit all body positions and hold them on the ground and in the air consistently. If an athlete is selected as a flyer and possesses some of these skills but not all, additional at home stretching and strength exercises will be required to help them master additional qualities for their flyer position role. Being a flyer in previous seasons does not mean your athlete will be a flyer this year and we have multiple athletes who have been flyers and bases. Being selected as a flyer at the beginning of the season does not mean your athlete will remain a flyer all season. The all star director may make stunt position changes at any time during the season to create the strongest routine possible for the team. Changes in stunt positions occur every season.

## TEAM MOM FEE

This fee is noted on the expense page of the packet. It is a one-time fee of \$50 that will be collected by team moms in September or October and will be used towards a number of things for your athlete. Some examples of what it COULD include are Magic City t-shirts, Magic City beach towels, etc. that will be given to them as team gifts before every competition.

## UNIFORM FITTINGS

Magic City will host a uniform fitting and practice wear fitting during the summer. A specific date will be determined after evaluations. Uniform fitting date will be communicated by our Rebel Rep as the date approaches.

Any parent/guardian going against the judgement/advice of our Rebel Athletics rep or coaches during sizing of apparel/uniforms will NOT be allowed to exchange poorly fitted garments once received. Replacements will be available at full cost. Additionally, athletes will be required to purchase new garments that do not fit due to size fluctuations. Exchanges will not be available for any garment or uniform that has been worn.

## UNIFORM PAYMENT

Uniform and practice wear payments will be due in summer.

Initials:\_\_\_\_\_

**MONTHLY ALL STAR TUITION PAYMENT OPTIONS**

Payment Option 1:

- Pay \$295/monthly June-May
- Pay \$150 Choreography fee 1 in May
- Pay \$100 Choreography fee 2 in June
- Pay \$100 Choreography fee 3 in August
- Form of payment accepted with Option 1: Debit/Credit Card on file.

Payment Option 2:

- Paid in full by June 1 by paying for the full season and receive a \$150 discount.
- Full amount due by June 1 with discount included is \$3,740.
- Form of payment accepted with Option 2: Check or Cash

**TEAM CHOREOGRAPHY**

Every member of each team is required to attend choreography camps throughout the summer. Choreography is essential to our athletes so we can see what they are capable of in a routine setting as well letting the team form bonds. Attendance is mandatory and important. In order to receive the best material from our choreographer every member has to be there. Please plan vacations in the summer accordingly. If an athlete does not attend choreography this puts their position on the team in jeopardy.

**TEAM PRACTICES**

Practice attendance is absolutely mandatory and compliance with the attendance policy will be strictly enforced. An athlete's team position will be jeopardized for non-compliance with any of the attendance policies. Each team will practice twice a week for 1.5 - 2 hours each practice. Both practices will be held during the week. Teams with multiple school cheerleaders on the team (Junior or Senior teams) will temporarily move one practice to Sunday afternoons during basketball season (November-mid February). Summer practices will start the first week of June. Parent viewing area will be open for parents to watch during their athlete's practice. Each team will have a designated primary coach along with the all star director to help relay any important information to parents during the season. Teammates are expected to treat one another with mutual respect. We do not tolerate pettiness, gossiping or cliques, which attempt to exclude or alienate certain members. Back talk, rolling of eyes and any other disrespect for instructors or teammates is unacceptable. A problem between a student and staff member will first be addressed between student and coach/director. If not solved, a parent will be notified of the problem or infraction of the rules and will be expected to assist the instructor in solving the problem. We will handle any disciplinary problems privately and professionally.

**Flyer Time**

Flyers will have a designated time 30 min before or 30 min after practice to build flexibility and strength needed to pull strong body positions. Flyers will be required to attend flyer time with the other flyers on their team weekly. In addition, flyers are required to stretch and pull body positions at home in order to maintain the flying skills needed for their team's success. A big part of the scoresheet is focused on the flyer's body positions so this is crucial for the team's success.

**Initials:\_\_\_\_\_**

**SUMMER SESSION PRACTICES**

- The “summer session” practices begin in June and end at the end of July.
- Summer session includes one (1) weekly 2.5 to 4 hour practice, which includes one (1) weekly hour long tumbling class. Total hours at the gym during the summer is two and a half (2.5) to four (4) hours per week.
- Athletes will be assigned a Team Tumbling class and that class must be taken at that given time. We will work on routine/group tumbling timing as well as strengthening and gaining individual tumbling skills during the hour class.
- Practices will be scheduled Monday – Thursday only during summer session (with the exception of choreography camp). No weekend practices during summer. Please note, as noted above in the choreography section there will be weekend practices during the choreography camp dates in July. This will be the only weekend times your athlete will be required to be at the gym in the summer.

**ANTICIPATED SUMMER PRACTICE SCHEDULE (June-July)**

\*The summer schedule below is based on educated guesses from the interest we have already received for teams. As such, the practice schedule below is what we anticipate putting into place, however, this schedule could change if the number of teams we end up with is different than our current estimated number of teams.

Team A - Tuesday's 1:30 PM-4:00 PM (includes their weekly 1 hour tumbling class); Flyer Time 4:00 PM - 4:30 PM

Team B - Wednesday's 4:00 PM - 7:00 PM (includes their weekly 1 hour tumbling class); Flyer Time 3:30 PM -4:00 PM

Team C - Wednesday's 5:00 PM - 8:00 PM (includes their weekly 1 hour tumbling class); Flyer Time 4:30 PM - 5:00 PM

Team D - Tuesday's 4:00 PM - 8:00 PM (includes their weekly 1 hour tumbling class); Flyer Time 3:30 PM - 4:00 PM

Team E - Monday's 4:00 PM - 8:00 PM (includes their weekly 1 hour tumbling class); Flyer Time 3:30 PM - 4:00 PM

**Choreography Camp** July 25-August 5 (specific times will be determined after evaluations)

**COMPETITION SEASON PRACTICES (August-May)**

- The “competition season” begins in August and ends in May.
- Competition season for mini and youth team athletes includes two (2) weekly practices and one (1) weekly tumbling class. Your tumbling class will be scheduled right before or right after one of your two weekly practices. Each practice will be between 1.5 to 2 hours, depending on the team's age and needs. Total number of hours spent at the gym will be 4-5 hours/week. This schedule will be set in June.
- Competition season for junior and senior team athletes includes two (2) weekly practices, and (1) weekly tumbling class. During the months of November-February, 1 practice/week will be moved to Sunday afternoons to better accommodate our school cheerleaders during basketball season and ensure we have everyone at practice for Sunday afternoon full outs. If you have any questions on how this may work with your athlete's schedule, please talk with Coach Lauren L., Coach Lauren Y., or Coach Renee and they'll be happy to answer your questions. Total number of hours spent at the gym will be five (5) hours/week. This schedule will be set in June.

**Initials:**\_\_\_\_\_



**COMPETITION SEASON PRACTICES (August-May)**

- Tumbling class will be a team tumbling class and must be taken at the given time. We will work on routine/group tumbling timing as well as strengthening and gaining individual tumbling skills during the hour class. Team tumbling will be right before or right after team practice, allowing families to only come to the gym twice a week instead of three times a week.
- Practices will be scheduled Monday – Thursday. Teams with multiple school cheerleaders on the team will temporarily move one practice to Sunday afternoons during basketball season (November-mid February). We avoid Wednesday night practices for our Junior and Senior level teams to allow athletes to attend youth group, but please note that a handful (4-5 a season) of reserved practice days will be on the calendar, and may fall on a Wednesday night. Many times, these practices are never used.
- If an athlete is absent from practice for any reason, whether excused or unexcused, he or she is responsible for learning all routine changes made prior to the next practice.
- An important aspect of competitive cheer is building physical strength in every athlete. As such, coaches may add workout homework assignments that include flexibility and strength training. These assignments will take roughly 15 minutes or less and either parent or athlete will check off that they have completed the assignment through the Band app.
- Although not likely, practices may be changed or added at any time throughout the season.

**ANTICIPATED COMPETITION SEASON PRACTICE SCHEDULE (August-May)**

\*The summer schedule below is based on educated guesses from the interest we have already received for teams. As such, the practice schedule below is what we anticipate putting into place, however, this schedule could change if the number of teams we end up with is different than our current estimated number of teams.

Team A - Wednesday's 4:30 PM - 7:00 PM and Thursday's 4:30 PM - 6:00 PM; Flyer Time Thursday's 4:00 PM - 4:30 PM

Team B - Monday's 4:30 PM - 7:00 PM and Thursday's 4:30 PM - 6:00 PM; Flyer Time Thursday's 4:00 PM - 4:30 PM

Team C - Wednesday's 5:30 PM - 8:00 PM and Thursday's 4:30 PM - 6:00 PM; Flyer Time Wednesday's 5:00 PM - 5:30 PM and Thursday's 4:00 PM - 4:30 PM

Team D - Tuesday's 5:30 PM - 8:00 PM and Thursday's 5:45 PM - 8:00 PM; Flyer Time Tuesdays' 5:00 PM - 5:30 PM and Thursdays 5:15 PM - 5:45 PM

\*This team will most likely have middle school and high school cheerleaders, and thus during basketball season in November - February they will move one practice to Sunday afternoons/evening. So they will either practice Sunday/Tuesday or Sunday/Thursday in November - February and will return to their original schedule once all school cheerleaders have completed cheering for basketball season.

Team E - Tuesday's 5:30 PM - 8:00 PM and Thursday's 5:45 PM - 8:00 PM; Flyer Time Tuesdays' 5:00 PM - 5:30 PM and Thursdays 5:15 PM - 5:45 PM

\*This team will most likely have middle school and high school cheerleaders, and thus during basketball season in November - February they will move one practice to Sunday afternoons/evening. So they will either practice Sunday/Tuesday or Sunday/Thursday in November - February and will return to their original schedule once all school cheerleaders have completed cheering for basketball season.

**Initials:**\_\_\_\_\_

**TEAM ABSENCE ALLOWANCE AND PROTOCOL**

- Athletes are only allowed three (3) total absences (excused or unexcused) during the Summer Session. During competition season, middle school and high school cheerleaders are allowed **two (2) unexcused** absences and non-school cheerleaders are allowed **three (3) unexcused** absences during Competition Season. Our school cheerleaders are able to arrive late to practice when they have school cheer practice or a game to cheer at, which is why their unexcused absences is a smaller number.
- After you have reached the maximum number of absences, in either session, a mandatory meeting with your All Star Director will be set. In addition, after maximum number of absences is exceeded, parents will be billed an additional \$50 per absence.
- When athletes reach the maximum number of absences, he/she may be placed as an alternate, removed from choreography and/or removed entirely from team. If you are removed from the team due to absences, you are still required to pay the buyout fee.
- Unexcused absences are NEVER allowed the week prior to a competition. If an athlete is absent, there will be a \$50 charge to your account and the athlete may be removed from the routine for that event. This is at the sole discretion of the Owner and All Star Director. When an athlete misses practice, their entire stunt group can not work their stunts, so it is imperative for not only your athlete's success but also the entire team's success that everyone is at practice. So please understand that your athlete missing practice means 3 to 4 other athletes aren't able to practice, as well.
- If a parent chooses to withdraw an athlete from a competition, for any reason, there will be a \$250.00 missed competition fee charged to your account.
- In addition, missing a competition will result in immediate dismissal from the program. This is at the sole discretion of the Owner and All Star Director. If you are removed from the team due to absences, you are still required to pay the buyout fee. Every athlete on each team plays a vital role in the required number of stunts and tumbling passes that must be performed in a routine in order for a team to place well. Unlike other sports, if one athlete is not in attendance, that team is not able to perform at their maximum abilities, thus decreasing the team's scores and placements in the competition. We will send out the final competition schedule in August, so every family will have multiple months to plan for the competitions within their family schedule.
- In addition, all athletes are required to attend awards with their team on competition day. If an athlete does not attend the awards, they will be charged a \$100/fee.

**ABSENCES DEFINED**

**Excused Absences**

- Please be prepared to show documentation from a teacher or coach outside of Magic City in order to receive an excused absence. Lack of documentation will result in an unexcused absence. Absences that will be accepted throughout the 2025-2026 season.
- School functions** that result in a grade. (Proof will be required)
  - Required official school cheerleading** and sporting events. (Schedules will need to be provided at the beginning of every month.)
  - Illness** as defined in the section below.
  - Excessive school absences or extracurricular activity absences may alter an athlete's routine position

**Initials:**\_\_\_\_\_

-The expectation is that every absence is communicated ahead of time and with proof attached to the email of notification. If your athlete misses practice or proof is not attached in the email, we will reach out for further information.

-In addition, if an athlete gives false documentation to gain an excused absence that should have been an unexcused absence, a conversation between the owner, all star direction and parents will take place. Please do not go this route...we promise, we typically find out what actually happened and this is why we offer the 3 unexcused absences for athletes so they can use them for something that means a lot to them that is not covered under the excused.

## **Unexcused Absences**

-Absences that do not meet the above allowances will be considered unexcused and will remain at the sole discretion of the All Star Director. Reminder, all athletes receive 3 unexcused absences (and school cheerleaders will receive 2 unexcused absences) during the competition season of August-May. You can use your three unexcused absences however needed and we sincerely hope our athletes enjoy whatever it is that they use their 2 unexcused absences for. In order to provide your athlete with an outstanding program, we need all athletes in attendance at practice in order to stunt, which is why we take role at every single practice and run a strict absence policy. Our goal is to keep absences fair for all athletes across the program to ensure each team has a strong routine to perform at every competition. Examples include:

**-Academics:** Academics are a high priority and Magic City stresses the importance. However, athletes who miss practice because they have to study for a test or work on a project will be counted towards one of their 3 unexcused absences for the competition season of August-May. This will help them prioritize schoolwork ahead and after practice with proper time management.

**-Extra-Curricular Activities and Jobs:** Extracurricular activities and jobs need to be scheduled around the commitment to Magic City.

**-Church:** Church is an understood priority at Magic City and with many of our families; however, absences related to youth groups, retreats, etc., are unexcused.

**-No Show Absence:** If an athlete or parent fails to communicate that they will not be in attendance on a practice day that will be classified as unexcused. There needs to be a form of communication stating why the athlete will not be in attendance via email.

**-Family Vacation:** Our Magic City coaches enjoy our family vacations and hope our athletes do too. We hope you have a great time on your trip and want to hear all about it, but note that family vacations do count towards unexcused absences.

**ABSENCES DUE TO ILLNESS, INJURY, AND UNEXPECTED FAMILY EMERGENCY:** Magic City understands that an unexpected absence may occur due to an illness, injury, or Family Emergency. Please see guidelines below:

**-Illness:** Athletes are expected to be at practice unless they have a fever, as fever can mean that an athlete is contagious, or the athlete is throwing up. Practice participation will be situation-based and at the coach's discretion and many times we will allow athletes to mark tumbling and/or perform fewer reps depending on the situation. Should an athlete not be able to attend practice due to illness, a doctor's note listing the treatment and length of recovery should be emailed to [ignitecheercompany@gmail.com](mailto:ignitecheercompany@gmail.com). If a doctor's note is not presented it will be considered unexcused.

**Initials:**\_\_\_\_\_



## **ABSENCES DUE TO ILLNESS, INJURY, AND UNEXPECTED FAMILY EMERGENCY CONT.:**

**-Injury:** In the event that an athlete is injured, you should notify your coach immediately. Please provide a doctor's note with information details concerning the prognosis, recovery time and any change in circumstance affecting their ability to perform.

-We will re-choreograph routines based on the athlete's injury and length of recovery. It is not guaranteed that an athlete will be choreographed back into the same spot of the routine upon recovery.

-Injured athletes must continue with payment in full.

-Injured athletes are expected to attend all practices and competitions. This allows them to learn any new material that the team learns at practice, so that they are ready to jump back in the routine once their injury is healed. With this being a team sport, all athletes are required to go to competition, even if they are hurt. Injured athletes will go to warmups with their team to cheer them on and will sit by their coaches during the performance to cheer on their team.

**-Unexpected/Family Emergency:** Contact your All Star Director, team coach/ team rep ASAP. We will never require proof of a family emergency, but we do expect our athletes as well as parents to be honest when communicating something this severe.

## **THINGS TO KNOW**

Please read thoroughly, we understand as a gym that athletes of all skill levels face challenges, but we want them to be able to overcome and conquer them. A lesson they will take with them through life. We believe in perfection before progression. We will not allow athletes to learn advanced tumbling skills before perfecting their basics. If parents and athletes cannot be patient and do not have a clear understanding of our teaching methods, they should reconsider being apart of the all star program at Magic City. **Proper Technique is everything!** Only perfected skills will be choreographed in a Magic City routine. Parents are not allowed to spot their children on Magic City property. Absolutely NO unsupervised tumbling! An instructor must be present at all times.

Athletes selected as flyers must maintain flexibility and skill requirements. Selected flyers unable to meet the level requirements must learn to base, everyone cannot be a flyer. In addition, mandatory tumbling private lessons or flexibility private lessons will be required for athletes who do not maintain the level skill requirements, and the cost of those privates are NOT included in monthly tuition. Tuition does not pay for the right to perform. Individuals must meet the level skill requirements in order to compete. Mandatory tumbling will be assigned as needed. Students can be moved to another position if they do not maintain the skill requirements. This is at the all star director's sole discretion.

If athletes need additional strength training or flexibility, they may be required to turn in short 10 minute workouts through an app. The workout homework will allow athletes to grow stronger in order to accomplish the skills needed for their team.

Magic City reserves the right to change a team's division and level at any time throughout the season. The owners have complete discretion when deciding the end of the year events regardless of bid status. Paid bids will be allocated to the athletes who take the floor at the final event regardless of your participation when the bid was earned. Paid bid allocation is solely for the number of athletes on the floor for the final event. It does not include alternates or injured athletes. Athletes are expected to fulfill the contractual season by attending all end of the year events.

Some of the competitions will require a hotel stay. The cost of your hotel is NOT included in your monthly fees. Families will need to book their own hotel room. Hotel payments will NOT go through Magic City.

**Initials:**\_\_\_\_\_

One or two of the competitions will be one day events. Two or three of the competitions will be two-day events.

Athletes will face a two-week probation if they do not maintain skills, after the two weeks if they have successfully regained their skills, they will remain on their team. If an athlete does not gain skills back after probation period, they will either be moved to a different role in the routine, be moved down a level or be removed from our program. Only one probation period is allowed per athlete during the season. This is at the sole discretion of the All Star Director and Coach. Many factors go into this decision, and our coaches will make the decision that is best for both the team as a whole, as well as the individual athlete.

## BUYOUT FEE

Magic City All Stars is a 12-month commitment. The season will begin June 2, 2025, and end May 21, 2026. If at any point during the season you decide that you no longer want to compete with Magic City All Stars, a meeting must occur with the athlete and Coach. All payments must be made for any outstanding uniforms and practice wear that has been purchased. A "buyout" of \$1,500 will also be charged to your account regardless of when you quit. If you decide for any reason to leave the squad, you also will be responsible for all uniforms and items we have already purchased for you. The buyout fee is to cover all competition and registration fees. The moment you turn in your team packet you are officially committed to Magic City All Stars. Leaving the team mid season extremely impedes the success of their team and means weeks of re-choreographing the routine, which means their team is working at a stagnate pace rather than being able to work on continuing to improve. Because of this, we ask that you strongly reconsider finishing out the season and your commitment to your team until the last competition is complete!!

## COMMITMENT TO EXCELLENCE

As the parent/guardian and athlete, we have read and completely understand the rules, requirements and regulations as outlined in our MC team packet. We promise to uphold and abide by the rules set forth herein and contractually enter into the agreement that we are committing to be a Magic City All Star for the full 2025-2026 competitive season.

I have read and understand our 2025-2026 team packet and attendance addendum. I have also read the Financial Policies and Procedures here and online. I understand that it is my responsibility, as a parent/guardian, to follow through with my child's financial obligations associated with tuition and other fees during the 2025-2026 competition season. Should I fall behind or fail to make payments, I recognize that my child's involvement with the MC All Stars program will be jeopardized. I also understand that if my athlete quits or is released from one of MC All Star teams, at any point throughout the season, I will be financially responsible for the buyout fee, including uniforms and other gear that was ordered for my child. I understand that these fees are expected to be paid in accordance with the assigned monthly schedule.

Please sign below and turn into Coach by May 21, 2025. Please make a copy of the above team packet to keep for your records. Athletes who turn in their signed contract and commit to the 2025-2026 season by Monday, May 12, 2025 will have their evaluation fee WAIVED and applied to their first payment!

Athlete Name

-----  
Athlete Signature and Date

-----

Parent/Guardian Name

-----  
Parent/Guardian Signature and Date

-----

**Initials:**\_\_\_\_\_